

Parish AwayDay to St. Albans Saturday 8th July, 2006



You are invited to share a day together
with Holy Cross friends at the historic city of St. Albans,
the Roman city of Verulamium

There are 53 seats available on the coach and a seating list is on the Church Notice Board today. Please sign up to reserve seats but only if you are sure you wish to take them. The tickets cost £10 including afternoon tea in the Cathedral Refectory (£6 concessions for unwaged persons). **Please pay Ray Allen for your ticket.** We leave Greenford at 9.30am and depart St. Albans at 6.00pm

Things to do during the morning... You choose from



Spend time visiting the brilliant Verulamium Museum with its collection of roman artefacts, hands-on activities, splendid mosaic and introductory video of life in Roman Britain.

Adults	£3.30	
Family	£8.00	(2+2)
Concessions	£2.00	

Don't forget to visit the nearby ruins of the roman amphitheatre and recapture the atmosphere of those ancient days.

Adults	£2.00
Concessions	£1.50



You must trek up the hill to see the remains of an hypocaust, the under-floor heating system in a roman house, complete with a great example of a mosaic floor.

Free

Or, if you prefer, go swimming at Westminster Lodge Leisure Centre at Westminster Lodge car park. (Don't forget your cosi and towel!)

Adult swim	£2.80
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Concessions £1.40

If you don't feel like doing much at all, then relax by having a gentle walk by the lakeside and feed the ducks, geese and swans which abound on the edge of the water.

Nice ice creams on sale!

Or pop into town – its Market Day!

For lunch...

There are many pubs, cafes and the cathedral Refectory of course, or bring your own picnic and enjoy the peace of the beautiful scenery.

At 2pm, we have organised tours of the Cathedral (£3.50)

Tours last about 1 hour and 20 minutes.

It is surprising what even frequent visitors learn from an official tour guide.

There will be a Guide who will lead a Family Trail (these must be booked in advance so please write up your name on the list soon and mention this to Neil)



3.30pm, time for a quick cuppa before...

At 4pm, we have reserved seats in the Quire for Choral Evensong.



The Shrine

Choral music in worship is one of the glories of the Church of England and we will worship God aided by one of the finest professional choirs around.

The experience is calming and encouraging simultaneously.

Immediately following Choral Evensong, everyone is invited to go quickly to the Shrine of St. Alban for a short time of parish prayers and the lighting of candles

Afternoon Tea at 5pm

We will have afternoon tea in the Cathedral refectory which will be closed to the public for our tea.

After tea, at 6pm,

We will return to the coach for our return journey to Greenford.

Should be home by 7pm!

