

## The Best of Richard from Greenford

I've never been a good sleeper. As a baby I exhausted my poor mother by staying awake for most of the time. As a child I was always awake very early in the morning and stayed up late at night with my grandmother watching TV. As an adult I still have erratic sleep patterns but to compensate for this I listen to the radio, particularly talk radio stations such as Radio 4, Radio 5 Live, and LBC.

Often whilst listening to LBC I will hear a familiar voice, the voice of Richard from Greenford. That is our own Richard Jameson. Richard is such a feature on the Clive Bull show (running from 8pm – 11pm), that the show's producer, Bob has recorded a special podcast entitled 'The Best of Richard in Greenford'. In case you're not sure, a podcast is a radio programme that can be downloaded onto a computer via the internet and then played on an iPod or an MP3 player. It can also be recorded as a CD Rom.

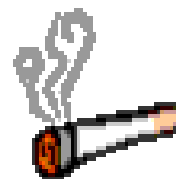
The podcast is introduced by Richard in his own inimitable way with the words, "Hello World, this is Richard from Greenford, a humble listener who has been turned into a star....Here we go with my words of wit and wisdom."

The podcast opens with a heated discussion between Richard and another caller Chris from Crouch End about homosexuality. During the course of the conversation Richard accuses Chris of being an old nanny without an original idea in her head!



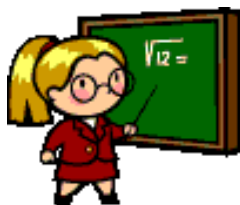
The podcast moves on to the topic of mobile phones. Richard opens with "I maintain that there's no need for mobile phones whatsoever" A statement that is a little diminished by Richard's admission that he does own a mobile phone although he rarely uses it. Eventually Richard agrees with Clive Bull that there's absolutely no need for a mobile phone apart from when you actually need it.

Richard's smoking is an ongoing topic. At his heyday of about 60 cigarettes a day, Richard cites the case of an 83 year old woman who reputedly smokes 90 cigarettes a day and is not affected in the slightest! Chris from Crouch End gives Richard advice on how to stop smoking which involves chewing lemons, drinking lemon juice, giving up coffee and salt and pepper. This suggests Richard is tantamount to giving up living.



On another occasion Richard introduces an event trick. It goes something like this:

1. Write down your date of birth.
2. Under that write the year that some great event in your life happened.
3. Write down the number of people in the room
4. Write down your age
5. Write down the number of years ago that the great event in your life took place (see 2).
6. Add these figures together and get a total.



Richard claimed that the correct answer should be 4010 but unfortunately Clive Bull got 4012 which Richard claimed was close enough. Eventually given the vast variety of answers coming in from people in the studio and listeners at home Richard ended up by saying that they were all “absolutely right”.

The podcast lasts for about 45 minutes and I’ve only given a few highlights here and haven’t really done it justice. If you’ve got the chance it’s well worth a listen to. As Richard himself says “We’ve had a very enjoyable evening this evening.” I’m sure you can also catch Richard on LBC.

Christeen George

